

Scholarship Activity Tracker

by ScholarTrail

Welcome

This tracker is designed to help you record everything you do in high school — activities, clubs, sports, jobs, volunteering, awards, and personal projects — so you'll have a ready-made resource when it's time to apply for scholarships.

Most scholarships don't just look at grades — they want to see your story: what you care about, how you've grown, and where you've made an impact. This tracker makes it easy to remember those details.

How to Use This Tracker

1. **Go year by year** — each tab (Freshman, Sophomore, Junior, Senior) has space to log your activities, leadership roles, achievements, and reflections.
 2. **Update at least once a semester** — don't wait until senior year! Add notes while things are fresh in your mind.
 3. **Be specific** — include hours per week, leadership titles, and awards (even small ones).
 4. **Reflect** — write short notes about what you learned or why an activity mattered. These reflections often turn into the best essay material.
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What to Track

- Clubs & Activities (student government, yearbook, robotics, debate, etc.)
- Sports & Arts (teams, music, theater, dance, visual arts)
- Volunteering & Community Service
- Part-Time Jobs or Internships
- Personal Projects & Passions (coding, blogging, starting a small business, family responsibilities)
- Awards, Honors & Recognitions

Quick Tips

- Keep it short but detailed enough that future-you knows what it means.
- Don't worry if you don't have a ton of activities — depth matters more than quantity.
- Use this document as your personal brag sheet — it's all here when you need it for applications.

Freshman Year (9th Grade)

This is your year to explore.

High school is just beginning, and it's the perfect time to try out different activities, clubs, sports, and classes. You don't need to have it all figured out yet — the goal is to **see what interests you** and start building a foundation.

- **Join a few different activities.** Don't worry if you don't stick with all of them.
- **Meet new people** — friendships often grow out of shared activities.
- **Build good habits** — learn how to balance schoolwork with extracurriculars.
- **Start tracking your experiences** — even if they feel small now, they'll add up over time.

Remember: Scholarships often look for *growth and consistency*. If you discover something you love this year and stick with it, by senior year you'll have a powerful story to tell.

Activities & Clubs

Activity	Role / Position	Hours per Week	Notes
<i>[ex: Yearbook]</i>	<i>[ex: Photographer]</i>	<i>[ex: 4 hours/week]</i>	<i>[ex: Had four of my photos published in the yearbook]</i>

Leadership / Achievements

- *[ex: Chosen as “Rookie of the Year on JV soccer team]*
- *[ex: One of my photos was featured in the school newsletter promoting the yearbook]*
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Reflections

- *[ex: Soccer taught me discipline. Practices were hard, but I liked being a part of a team.]*
- *[ex: For sophomore year, I want to stick with Yearbook and maybe try for a leadership role]*
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Sophomore Year (10th Grade)

This is your year to focus.

Now that you’ve explored a variety of activities, it’s time to start narrowing in on the ones you enjoy most or where you see yourself growing. You don’t need to do everything — scholarships value **commitment and depth** over sheer number of activities.

- **Stick with your favorites** — continue with clubs, sports, or arts programs you joined last year.
- **Look for new opportunities** — maybe there’s a new class, elective, or club to try.
- **Start stepping up** — take on small leadership roles (committee member, team lead, project organizer).

- **Track your impact** — record achievements, hours, and new responsibilities to show growth.

Remember: Scholarships notice **progression**. Even small steps — like becoming a committee member or mentoring younger students — show leadership potential.

Activities & Clubs

Activity	Role / Position	Hours per Week	Notes
<i>[ex: Debate Club]</i>	<i>[ex: Researcher for tournaments]</i>	<i>[ex: 3 hours/week]</i>	<i>[ex: Helped team prepare arguments; advanced to quarterfinals in 2 competitions]</i>

Leadership / Achievements

- *[ex: Selected as Debate Club “Most Improved” member]*
- *[ex: Completed 50 hours of community service at local food pantry]*
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Reflections

- *[ex: I discovered I enjoy public speaking more than I thought. Debate helped me build confidence.]*
- *[ex: Volunteering showed me how important consistency is — even 2 hours a week makes an impact.]*
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Junior Year (11th Grade)

This is your year to grow.

By now, you've found the activities that matter most to you. Junior year is the time to **step up into leadership roles** and show depth in your commitments. Many scholarships will open up this year, so the experiences you're building now will be fresh material for applications.

- **Pursue leadership** — run for club officer, become a captain, or take initiative on a project.
- **Deepen involvement** — focus on 2–3 key activities rather than spreading yourself too thin.
- **Seek recognition** — aim for awards, honors, or advanced placement in activities.
- **Start test-driving scholarship applications** — some are open to juniors!

Remember: Scholarships want to see **initiative**. Your ability to step forward, take responsibility, and make an impact will stand out.

Activities & Clubs

Activity	Role / Position	Hours per Week	Notes
<i>[ex: National Honor Society]</i>	<i>[ex: Member]</i>	<i>[ex: 6 hours/month]</i>	<i>[ex: Participated in tutoring program for underclassmen]</i>

Leadership / Achievements

- *[ex: Elected Vice President of Debate Club]*
- *[ex: Logged 75 tutoring hours through NHS]*
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Reflections

- *[ex: Leading Debate Club taught me to be organized and manage time for others, not just myself.]*
- *[ex: Sports showed me how to motivate a team, not just focus on my own performance.]*
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Senior Year (12th Grade)

This is your year to shine.

Everything you’ve built over the last three years comes together now. Senior year is about **showcasing your story** through leadership, achievements, and reflection — and then turning that into strong scholarship applications.

- **Take on your biggest leadership roles** — captain, president, editor-in-chief, etc.
- **Document your achievements** — awards, milestones, and personal highlights.
- **Start applying** — this is the big scholarship year, so keep your tracker up to date.
- **Tell your story** — use your reflections to connect the dots across all four years.

Remember: It’s not about doing everything — it’s about showing how your activities reflect your values, growth, and goals.

Activities & Clubs

Activity	Role / Position	Hours per Week	Notes
<i>[ex: Varsity Basketball]</i>	<i>[ex: Captain]</i>	<i>[ex: 9 hours/week]</i>	<i>[ex: Led team to regional championship; organized community service fundraiser]</i>

Leadership / Achievements

- *[ex: Captain of Regional Championship basketball team]*
- *[ex: Raised \$3,500 for local food pantry through senior project]*
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Reflections

- *[ex: Looking back, I see how debate helped me grow from a nervous speaker to a confident leader.]*
- *[ex: Sports taught me perseverance, even through tough losses.]*
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Scholarship Activity Summary

Use this page to capture the **top highlights** from all four years of high school. When it’s time to fill out applications, you’ll have your best activities, achievements, and reflections in one place.

Top 5 Activities

Activity	Role / Position	Years	Key Highlights
<i>[ex: Debate Club]</i>	<i>[ex: President]</i>	<i>[ex: 9th–12th]</i>	<i>[ex: Led team to state championship; mentored younger students]</i>
<i>[ex: Yearbook Club]</i>	<i>[ex: Photographer → Section Editor]</i>	<i>[ex: 9th–11th]</i>	<i>[ex: Published photos; promoted to editor]</i>

			<i>role]</i>

Awards & Achievements

- *[ex: State Debate Tournament – 1st Place (12th Grade)]*
- *[ex: All-Conference Basketball Team (11th Grade)]*
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Personal Takeaways

- **Growth:** How did I change over 4 years?
[ex: I went from a nervous speaker to a confident leader through Debate Club.]
- **Values:** What do my activities say about me?
[ex: I value teamwork, leadership, and giving back to my community.]
- **Goals:** How do these experiences connect to my future?
[ex: My interest in leadership and communication has inspired me to pursue Political Science in college.]
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